# **Transition Night 2018**

Presented by

**Foxborough Public Schools** 

Wednesday, November 7, 2018

6:00 p.m. - 7:30 p.m.

Foxborough High School Media Center

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Name of Company: Alternatives Unlimited

Company Address: 100 Stonewall Blvd

<u>City</u>: Wrentham <u>State</u>: MA <u>Zip</u>: 02093

**Contact Person:** Local Contact – Deborah Donnelly

**Email**: deborah.donnelly@alternativesnet.org, Kelsey Loverude@alternativesnet.org

Website: www.alternativesnet.org

Day programs at nearby locations:

Serving the towns of Wrentham, Norfolk, Plainville, Sharon, and Foxboro.

Alternatives operates residential programs in South Norfolk that vary in the level of support and supervision. We also offer employment and day support services. Our administrative office for these programs is at 100 Stonewall Boulevard, Wrentham.

Alternatives Day Services (day habilitation programs) provide a variety of opportunities for individuals with developmental disabilities to develop the skills and supports they need to improve their lives. Each of Alternatives' five day programs has a particular focus: the programs in Whitinsville and Hopedale are developmental learning centers; Worcester and Wrentham programs specialize in behavioral support; and the center in Douglas provides enrichment for seniors. What all of the programs share is a commitment to helping participants reach their highest potential and maximize their ability to develop valued roles and meaningful relationships in the community.

# **Skill Building**

Alternatives Day Services provides the individualized support necessary to help the people we serve enjoy all the benefits of community living. Emphasis is placed on such areas as community safety, social interaction, communication, self-care, and physical mobility.

Name of Company: Amego, Inc.

**Company Address:** 33 Perry Avenue

<u>City:</u> Attleboro <u>State:</u> MA <u>Zip:</u> 02703

<u>Telephone Number:</u> (508) 455-6203 <u>Fax Number:</u> (508) 455-6211

**<u>Contact Person:</u>** Linda Ingram, L.S.W.

**E-mail:** lingram@amegoinc.org

Website: www.amegoinc.org

Amego, Inc. has paved the way for the development of services for all individuals with autism and other developmental disabilities. Our work began before Massachusetts landmark Chapter 766 special education. Amego's story begins with one adolescent diagnosed with autism whose parents refused to accept an institutional placement. In 1971, the Sangree Stokes family founded Amego.

Amego's work continues by:

- Serving those with the most difficult challenges;
- Providing educational opportunities with the premise that all can learn;
- Focusing on the strengths of relationships, families and community.

Amego continues to serve our very first student and the first adult diagnosed with autism to receive state funding in Massachusetts. Our staff understand the unique needs of serving those with significant behavioral challenges. We use the principles of Applied Behavior Analysis because they create a stable and measurable foundation for growth and progress.

At Amego, we challenge and encourage each other to grow by providing opportunities for lifelong learning for our entire Amego family. We center our services on each person's aspirations, needs, and desires so they may reach their full potential through our:

- Educational programs for our children ages 8-22;
- Habilitative and Vocational Day Programs for our adults 22 and older;
- Residential Programs for both children and adults, providing a home-like environment; and
- Home-based services where we assess needs and provide services to children and their families in our communities.

Amego currently serves 115 communities in southeastern and central Massachusetts, touching the lives of over 400 families.

Name of Company: The Arc of South Norfolk

Company Address: 789 Clapboardtree Street

**City**: Westwood

State: MA

**Zip:** 02090

**Telephone Number:** (781) 762-4001

Fax Number: (781) 461-5950

**Contact Person:** Deb Wood, Director, Family Support Program

Brian Clark, Director, Family Autism Center

<u>Email</u>: <u>dwood@arcsouthnorfolk.org</u>, bclark@arcsouthnorfolk.org

### **Adult Day Services**

Our Adult Day Services Programs offer individually tailored services for a diverse group adults with developmental and intellectual disabilities. Our community includes persons with Autism, Cerebral Palsy, Epilepsy, sensory and mobility impairments.

# Family Support Program

The Family Support Center at The Arc of South Norfolk offers a wide range of general family support services and activities to families of children and adults who are eligible for DDS services and living at home with their families.

### **Adult Family Care**

The Adult Family Care Program supports families with managing the daily living needs that individuals (18 or over) with developmental disabilities require to live in the community. Families received supports from a multidisciplinary team that includes a registered nurse and a care manager.

### Family Autism Center

The Family Autism Center at The Arc of South Norfolk offers a wide range of general family support services and activities to families of children and adults who are diagnosed with an Autism Spectrum Disorder.

# **ALEC First Responder Training**

ALEC (Autism & Law Enforcement Education Coalition) is a First Responder Autism Training targeted to equip First Responders with the knowledge and strategies to best serve individuals with Autism Spectrum Disorders in a crisis situation.

# **Support Groups**

Family Autism Center and Family Support offer a variety of Support Groups for family members of individuals with Autism Spectrum Disorders and other related developmental disabilities.

### Social / Recreational Programs

The Social and Recreational Department offers social activities, sports, advocacy and adult education groups.

### **Harbor Counseling**

Our Harbor Counseling Center is an out-patient mental health clinic that provides long-term and short-term therapies for adults with developmental disabilities and their families.

# **Our Mission**

The Arc of South Norfolk is committed to providing exceptional supports to people with developmental disabilities including autism through collaboration, advocacy and empowerment.

Name of Company: Attleboro Enterprises, Inc.

Company Address: 284 John Dietsch Boulevard

City: North Attleboro State: MA Zip: 02763

**Contact Person:** John Raposa & Shelley Jutras

Email: jraposa@attleboroenterprises.org, sjutras@attleboroenterprises.org

We support adults with diverse developmental challenges, empowering them to become contributing members of society, building positive self-esteem, and enabling them to achieve individual life goals.

# **Day Habilitation**

AEI's Day Habilitation Program offers medical, therapeutic and developmental supports that promote the ability of individuals with Developmental Disabilities to live more independently in everyday community settings.

- Developmental Skills Training includes, but is not limited to
- Self-preservation and safety skills in one's home and community settings
- Functional Communication skills
- Activities of Daily Living (ADL's) address planning and preparing nutritious meals, shopping for all groceries and other needs, personal hygiene, and housekeeping
- Managing money and making personal purchases
- Functional understanding of time and scheduling
- Identifying areas of interest in social and recreational activities

# Community Based Day Support

Community Based Day Support Services are designed to provide various community supports and training for people with developmental disabilities. Services provide the opportunity to enthusiastically engage in and enjoy a number of community <u>activities</u> while promoting independence. Supports are provided in the following areas: Community Skill Building and Integration, Education, Employment Training, and Volunteer Opportunities.

To qualify for Community Based Day Supports, a person must be at least 22 years of age and qualify for services through the Department of Developmental Services (DDS).

AEI supports are provided by skilled staff members in a structured group setting. These <u>programs</u> are designed around the person's goals, interests and ability levels to ensure they <u>receive</u> the services that are most meaningful to them.

Staff members are trained in CPR, First Aid, Safety Care, and MAP. The CBDS staff and clients work with a licensed behavioral clinician to provide clinical consultation, who helps provide guidance based on individual needs.

### Adult Job Placement

Attleboro Enterprises Inc. is a participating <u>provider</u> of the Competitive Integrated Employment Services (CIES) program with referrals from the Massachusetts Rehabilitation Commision (MRC) and the Department of Developmental Services (DDS). Competitive Integrated Employment refers to a workplace where a person with a disability earns at least minimum wage, works with people without disabilities, and has the same pay, benefits, and opportunities for promotion as workers without disabilities.

If you would like to be a part of the CIES program, please contact your local MRC <u>office</u> or DDS to request a meeting.

Services include:

- Job Development
- Job Placement
- Job Support Services

# **Pre-Employment Transition Services**

Attleboro Enterprises Inc.'s Pre-Employment Transition Services (Pre-ETS) program provides prevocational classroom training and real work experience to high school aged students (14-22) referred by the Massachusetts Rehabilitation Commission through their school. This program aims to prepare students for successful community <u>employment</u> after school.

# **Residential Services**

Promoting opportunities for individuals to live in their communities as neighbors, friends, and valued fellow citizens is the Mission of AEI's Residential Program. Individually designed services promote the development of skills that allow one to live as independently as possible.

Staff supports are scheduled according to each person's needs, ranging from twenty-four hours a day to a few hours each week. Each resident is supported in pursuing their choice of social and recreational activities, religious preferences, and personal relationships. Medical monitoring and developmental skills training in activities of daily living, funds management and budgeting, and planning and preparing nutritious meals is provided by caring staff and AEI's Health Care Coordinator.

# **Transitions Services**

AEI in collaboration with several area School Systems participates in the transition planning process for students in Special Education programs. Through collaboration, participating school students are accessing the same supports AEI offers to its adult program participants. These supports concentrate on soft skills development that prepares the students for the world of work and/or entry into a human service agency program. Additionally, AEI shares its assessment of each student's current level of functioning, identifying barriers to employment that can then be addressed through the school curriculum. This interaction with AEI staff has helped to educate students and their families about the transition process and reduce the natural anxiety associated with leaving school.

Name of Company: The Bridge Center

Company Address: 470 Pine Street

<u>City</u>: Bridgewater <u>State</u>: MA <u>Zip</u>: 02324

Telephone Number: (508) 697-7557, ext. 12

**Contact Person:** Abigail Ross-Program Director

**Email:** aross@thebridgectr.org

Website: www.thebridgectr.org

The Bridge Center specializes in affordable, year-round therapeutic recreation and equine-assisted therapy programs for individuals with disabilities. All programs are instructed by skilled staff and are designed to meet the social, emotional, and physical goals of participants, regardless of the nature and severity of their disabilities. Through innovative programming, The Bridge Center encourages independence and seeks to improve participants' quality of life.

Come join us in building bridges at The Bridge Center... today and for the future!

### **OUR MISSION**

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Name of Company: Bristol Community College

Company Address: 11 Field Road

<u>City</u>: Attleboro <u>State</u>: MA <u>Zip</u>: 02703

Contact Person: Rob Geddes

Email: rob.geddes@bristolcc.edu

### Mission of the College

As the leading resource for education and workforce development in southeastern Massachusetts, Bristol Community College provides programs that promote individual opportunity and the region's economic health. Our programs offer a strong foundation in liberal arts and sciences; career-ready education in health sciences, engineering and technology, and business; and comprehensive developmental education and adult literacy services; delivered in a learner-centered, supportive community. The College also develops active partnerships with business and industry, preK-12, colleges and universities, and social service agencies to maintain relevance and effectiveness of all credit and noncredit programming. We value and respect diversity within the College and the world. Bristol Community College prepares well-rounded learners for employment and for life.

### **Vision Statement**

Bristol Community College changes the world by changing lives, learner by learner.

### Community -- at our center of everything

Since its chartering in 1965, Bristol Community College is where people turn to earn a degree, access work-related training, learn new leisure activities, and bring their kids for enrichment and for entertainment. We offer many ways for learners to enrich their lives and their communities.

Bristol Community College is a comprehensive community college offering more than 150 career and transfer programs of study that lead to an associate degree in science, arts, applied sciences, and certificates of accomplishment or achievement. Students are able to transfer to many baccalaureate colleges throughout the state and country.

### **BCC Attleboro Campus**

Connect to your future at Bristol Community College in Attleboro, conveniently located in the Attleboro Corporate Center complex off Forest Street or route 123. Classes are offered seven days a week including Monday-Thursday evenings in our state-of-the-art facilities. Many of BCC's degree and certificate programs are offered at the BCC Attleboro Campus, or you can take courses for any program (degree or certificate) in Fall River, New Bedford, Taunton, or online.

# Size and Scope

Bristol Community College has an undergraduate population of 11,954 (unduplicated headcount of credit students for 2014-15) and 16,216 in noncredit enrollments.

# **Average Student Costs**

Annual in-state tuition and fees: \$4,850 Annual out-of-state tuition and fees: \$9,794

Per credit charge of \$199 plus additional program-specific charges as applicable.

Name of Company: Department of Developmental Services

Company Address: DDS Metro Region, 465 Waverley Oaks Road - Suite 120

**City:** Waltham

State: MA

**Zip:** 02452

**Telephone Number:** (781) 314-7513

Fax Number: (781) 314-7539

**Contact Person:** Call the Metro Regional Office

Website: hp://mass.gov/dds

Massachusetts has a comprehensive system of specialized services and supports to give individuals with intellectual and developmental disabilities the opportunities to live the way they choose. The Department of Developmental Services (DDS) is the state agency that manages and oversees this service system. The Department is dedicated to creating, in partnership with others, innovative and genuine opportunities for individuals with intellectual disabilities to participate fully and meaningfully in, and contribute to, their communities as valued members.

Eligibility for supports through DDS has expanded as a result of the Autism Omnibus Act of 2014. Individuals can be determined eligible for adult services if they have significant limitations in adaptive functioning and one or more of the following diagnoses: Intellectual Disability, Autism Spectrum Disorder, Prader-Willi Syndrome, or SmithMagenis.

The Department provides specialized services and supports to approximately 32,000 adults. Eligibility is the first step towards obtaining specialized services and supports through the Department.

Criteria for DDS Eligibility Based on Intellectual Disability:

- Must live in Massachusetts
- Must have a diagnosis of an intellectual disability (originates before 18)
- Must have significant limitations in adaptive functioning

Criteria for DDS Eligibility based on Autism Spectrum Disorder:

- Must live in Massachusetts
- Must have a primary diagnosis of Autism Spectrum Disorder determined by a qualified professional (manifests before 22)
- Must have significant limitations in adaptive functioning



Company Address: 10 Oak Street

City: Taunton

State: MA

**Zip:** 02780

**Telephone Number:** (508) 823-8828

Fax: (508) 824-3474

Contact Person: Patti Waitkevich

Greater Attleboro Taunton Regional Transit Authority (GATRA) provides comprehensive quality public transportation services to meet the mobility needs of people throughout 28 member communities. These communities include; Attleboro, Bellingham, Berkley, Carver, Dighton, Duxbury, Foxborough, Franklin, Hanover, Lakeville, Mansfield, Marshfield, Medway, Middleborough, Norfolk, North Attleboro, Norton, Pembroke, Plainville, Plymouth, Raynham, Rehoboth, Seekonk, Scituate, Taunton, Wareham and Wrentham. GATRA transit services include fixed-route bus service, paratransit (A.D.A. Demand) service for seniors and people with disabilities, shuttle to commuter, and Medicaid and Human Service transportation.

GATRA also offers a Travel Training program for anyone who wants to learn to travel safely and independently using public transportation.

To learn more information about the specific services offered in your area and how using public transportation enhances personal opportunities call GATRA at 508-823-8828, visit our website at www.gatra.org or try Ride-Match our one-stop directory of public, private and accessible options in Massachusetts.

Name of Company: GROW Associates, Inc.

Company Address: 68 Mazzeo Drive

<u>City</u>: Randolph <u>State</u>: MA <u>Zip</u>: 02368

Contact Person: Jen Campbell

**Email:** jcampbell@grow-associates.org

We are enthusiastically committed to nurturing a greater understanding of those people with disabilities. We work daily with each person to foster their interests and valued contributions. We do this by listening to the people we serve, their families and our staff to determine what is important to them. We plan with all involved in order to pursue the individual's direction rather than control their course.

A meaningful life for the individual with disabilities means looking at the whole person. The time and experiences beyond just the hours we spend with each person helps lead us to connect them with the resources needed to help them achieve

GROW is committed to find new ways of making the dreams of each person we support become real; we are working hard to open the doors to "new possibilities". This of course takes resources that are not always there. This is why we need your help. By giving to our GROW program will allow us to do more customized one on one supports, provide better supports in the community, and allow us to continue to provide access through our transportation services.

# **Day Habilitation Program:**

The objective of our Day Habilitation program is to provide a structured treatment program of therapeutic and habitation services, which are medically driven to elevate the participants' level of functioning, and to facilitate independent living and self-management in their communities. Our participants focus on the development of the necessary skills which will provide a wide range of individualized services.

Name of Company: Hockomock Area YMCA

Company Address: 67 Mechanic Street

<u>City</u>: Foxboro <u>State</u>: MA <u>Zip</u>: 02035

**Telephone Number:** (508) 695-7001, ext 240, (508) 643-5240

**Contact:** Sheila Burgess, Senior Director of Inclusion and Diversity

Barbara Manuelpillai, Inclusion specialist, Teens and Young Adults

Email: sheilab@hockymca.org, barbaram@hockymca.org

The Hockomock Area YMCA's Integration Initiative was established in 2004 with a goal to provide children with disabilities an opportunity to participate with their typically developing peers in programs, services and activities offered at the Y. The goals of the Integration Initiative are to improve social skills and self-esteem, increase physical activity and independence and to enhance mutual respect among people of all abilities.

The Integration Initiative is about inclusion. Everyone, no matter their ability, should have the opportunity to take part in YMCA recreational programs and activities. Inclusion is a philosophy and not a single program or class. For individuals with disabilities and their families that means the Integration Initiative will help identify the proper accommodations and/or supports necessary so that every individual has the opportunity to participate in Y programs and activities.

To facilitate inclusion, Integration Coordinators are located at each branch conducting personalized assessments and offering suggestions for individualized accommodations, as well as providing training to our programming staff about disabilities and inclusion techniques.

# **Youth Programming**

The Hockomock Area YMCA provides a wide variety of programs for youth, teens and young adults with disabilities who learn about becoming and staying active, while developing healthy habits they'll carry with them throughout their lives. From providing support in one of our youth classes or partnering with Special Olympics, ask an Integration Coordinator about our programs.

### **Teen and Adult Programs**

The VIP Club is an opportunity for teens and young adults with disabilities to participate in social, volunteer and healthy living activities. Participants can hang out with friends and play pool, ping pong, video games, board games, etc. in the Marilyn Rodman Teen Center; work out together in the weight room, track, gym or join a Yoga or Zumba class; and volunteer to give back to the community and the YMCA through a variety of volunteer opportunities.

# **Summer Camp**

Camp New Horizons at the Hockomock Area YMCA is designed to provide additional support for children with disabilities through smaller ratios of campers to staff while in a fully inclusive traditional camp setting. The goal of New Horizons is to help each camper create positive relationships and build social skills in a fully inclusive setting.

Name of Company: Horace Mann Educational Associates

Company Address: 8 Forge Park East

<u>City</u>: Franklin <u>State</u>: MA <u>Zip</u>: 02038

<u>Telephone Number</u>: (508) 298-1135 <u>Fax Number</u>: (508) 298-1435

**Contact Person:** Stephanie Guitard, Vice President of Day Services

Email: sguitard@hmea.org

HMEA's Administrative Office is located in Franklin, MA, but our service area extends to over 110 communities in the State's Central, Southeastern and Eastern regions as well as parts of Rhode Island. We have a long history of providing innovative services in school, at work, at home and in the community. HMEA now serves nearly 4,000 children and adults with developmental and intellectual disabilities.

The following service offerings are individually designed to meet the unique needs of each person served and their family:

- Children's Services
- Family Supports
- Residential Services
- Day Services

Services are comprehensive, timely, cost effective and of high quality. We are proud of our competent, committed and caring staff and how we celebrate its diversity. Staff receive the training that they need to do their jobs well and experience an on-going opportunity for professional growth and advancement.

Name of Company: Jewish Family & Children's Services

Company Address: 1430 Main Street

<u>City</u>: Waltham <u>State</u>: MA <u>Zip</u>: 02451

<u>Telephone Number</u>: (781) 693-1216 <u>Fax</u>: (781) 693-1157

Contact Person: Wendi Hutchinson, Sara Freedman

**Email:** whutchinson@jfcsboston.org, sfreedman@jfcsboston.org

JF&CS pursues a singular mission to improve people's lives. We're the leader that people turn to for the personalized care and support that many of us need at different times in our lives. And we provide these services when and where they are needed most – in our Waltham headquarters, in your home, and throughout Greater Boston.

JF&CS provides services and support for people with special needs and their families, including those with intellectual and developmental disabilities, mental illness, autism, and other disabilities. Services include information and referral, care coordination and coaching, mental health counseling, day and employment services, supported housing, social and recreational groups, and Jewish programming.

### Services Include:

- Information, Referral, and Phone Consultation
- Adult Family Care
- Children with Special Needs and their Families
- Clinical Case Management and Coaching
- Day and Employment Programming
- Family Navigation
- Supported Housing
- Social Connections

Name of Company: Job Corps Center-Grafton

**Company Address:** 100 Pine Street

<u>City</u>: North Grafton <u>State</u>: MA <u>Zip</u>: 01536

<u>Telephone Number</u>: (508) 887-7300 <u>Fax Number</u>: (508) 839-9781

**Contact Person:** Amber Polisher, Grafton Job Corps Outreach/Admissions Manager

**Email:** polisher.amber@jobcorps.org

Website: www.grafton.jobcorps.gov

# Grafton Job Corps:

• Offers hands-on career training and education in a residential setting.

- Serves ages 16-24
- Is one of 125 locations across the country
- Takes pride in its diverse student population and welcomes all young people who qualify
- Is a US Department of Labor program
- Offers free training and education to income-eligible young people
- Helps you change your life!

Name of Company: Lifeworks Employment Services

Company Address: 1400 Providence Highway, Suite 2300

<u>City</u>: Norwood <u>State</u>: MA <u>Zip</u>: 02062

<u>Telephone Number</u>: (781) 769-3298 <u>Fax Number</u>: (781) 551-0045

**Contact Person:** Mary Ellen Cameron, Director Employment Services

**Email**: mecameron@lifeworksma.org

# Why Choose Lifeworks?

• 94% of individuals served rate Lifeworks as 'excellent' in quality and consistency of service.

- 99% of businesses surveyed report being very pleased with Lifeworks staffing services and confirm that they will contact us with new job openings in the future.
- Our individuals achieve an 85% job retention rate, which is higher than the community at large.
- Demonstrating the commitment, loyalty and quality of our team, many of our staff, including our CEO, have been with Lifeworks over 10 years. The individuals we serve enjoy this long-term continuity of support.
- Recognizing the high-quality and effectiveness of our programs, CARF, a national accreditation organization, has awarded Lifeworks their highest, three-year Accreditation and considers Lifeworks a 'benchmark of quality' and the 'gold standard of quality service provision.'
- Customized living programs are designed to build and maintain an independent, satisfying lifestyle. Independent living and residential supports range from a few hours each week in a home or apartment up to 24-hour support in a beautiful, safe, fully-staffed home.
- A philosophy of inclusion is based on the belief that each person deserves the feeling of belonging and participating in their own community. Lifeworks makes it all possible.

### **School Transitions**

As men and women with intellectual and developmental disabilities turn the age of 22, they are faced with an exciting and anxious period of transitions. Transitions may include moving from a school-based day program to employment or other day support options, changing from a school-based residential situation or living with a family to receiving supports in their own apartment or perhaps living in a staffed residential program

Lifeworks is experienced in working with young men and women during the final years of school programs and supports and assists them in transitioning to a variety of adult services models. Our team recognizes that many people want to create customized support systems based around individual choices, the lifestyle of each person and the needs of their families.

Name of Company: Massachusetts Commission for the Deaf and Hard of Hearing

Company Address: 600 Washington Street

<u>City</u>: Boston <u>State</u>: MA <u>Zip</u>: 02111

**Contact Person:** Melissa Adams

Email: Melissa.adams@state.ma.us

MCDHH is the primary state agency offering services to Deaf, Late Deafened, and Hard of Hearing Citizens in the Commonwealth of Massachusetts. The Department of Case Management and Social services is one of MCDHH's three legally mandated service departments.

Deaf and hard of hearing adults (age 18 and over and not still in school) who have multiple, complex, and legal issues are eligible for MCDHH's Adult Case Management Services.

Adult Case Managers are bilingual, fluent in English and ASL. They also have an understanding of the unique needs of the hard of hearing populations as well as Deaf Culture.

All services are free of charge and completely confidential. Services include but are not limited to:

# **Cross-agency Case Coordination**

- Advocacy and Support
- Development and Utilization of Service plans
- Communication access
- Equal rights to services
- Supportive Counseling
- Dealing with discrimination and access barriers
- Identification and referral to Specialized Services
- Collaboration with both public and private entities
- Consultation and technical assistance to both public and private entities
- Trainings/Presentations
- Deaf and hard of hearing adults who do not have multiple complex and legal issues are referred to DHILS programs.

MCDHH Case Managers also work with state and private education, social, and human service agencies to provide:

- co-case management
- technical assistance/training for program modification, policy and procedures development
- referral to specialized resources
- case management consultation

Name of Company: Massachusetts Rehabilitation Commission

**Company Address:** 21 Spring Street Suite 8

City: Taunton

State: MA

**Zip:** 02780

**Telephone Number:** (508) 823-8141, ext. 23

Fax Number: (508) 821-3796

Contact Person: Kaitlin Bailey, M.A, C.R.C., Jenifer Harris, M.S., C.R.C.

**Email:** kaitlin.bailey@massmail.state.ma.us, jenifer.harris@mrc.state.ma.us

The Massachusetts Rehabilitation Commission (MRC) assists individuals with disabilities to live and work independently. MRC is responsible for Vocational Rehabilitation Services, Community Services, and eligibility determination for the Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI) federal benefits programs for Massachusetts citizens with disabilities.

MRC's Vocational Rehabilitation Program assists individuals with disabilities to obtain and maintain employment. The Vocational Rehabilitation Program helps individuals with physical, psychiatric and/or learning disabilities face the challenges of the modern workplace. This may include identifying job goals based on individual interests and aptitudes, providing funds for college and vocational training, assessing worksite accommodations, educating an employer about the Americans With Disabilities Act, or assisting an individual returning to work after adjusting to a new disabling condition. Vocational rehabilitation services can often reduce or remove barriers to employment. Priority is given to those individuals who have the most severe disabilities in areas such as communication, mobility, work tolerance and work skills. Name of Company: Massasoit Community College

Company Address: 1 Massasoit Blvd

<u>City</u>: Brockton <u>State</u>: MA <u>Zip</u>: 02302

Telephone Number: (508) 588-9100, ext. 1425

Contact Person: Jennifer Pike, Disability Services Coordinator, Joseph Harris LATCH Coordinator

Email: jpike@massasoit.mass.edu, jharris32@massasoit.mass.edu

# Marilyn Maxwell Latch Academic Support Program at Massasoit Community College

The Latch Academic Support Program is a one- to two-semester support and learning community that serves a diverse population of about 200 students who are looking for help transitioning into college generally and developing their reading, writing, or mathematics skills specifically. For more than 40 years, Latch's community approach to education has helped students establish successful independent learning strategies and set realistic academic and career goals.

The Latch program offers a mix of academic counseling and advising, tutoring, peer mentoring, and courses that together create a tight-knit learning community in which students learn together and from one another. Moreover, professors maintain regular contact with Latch's academic counselors on students' progress, providing a way to address academic issues as they arise.

The Latch program enrolls a remarkable variety of students, including, but not exclusively:

- Students who have tested into one or more developmental courses
- Students looking to develop their reading, writing, mathematics, and study skills
- Students who have had unsatisfactory academic experiences in the past
- Students who have been away from school for a long time

Name of Company: Pride Inc.

**Company Address:** 3 Maple Street

City: Taunton

State: MA

**Zip:** 02780

**Telephone Number:** (508) 823-7134

Fax Number: (508) 824-5699

Contact Person: Marc Mauricio

Email: mmauricio@pride-inc.org

Website: www.pride-inc.org

PRIDE, Inc. is a private nonprofit organization in Taunton, MA providing quality vocational, social and alternate residential programs for individuals of all abilities. We are dedicated to improving the quality of people's lives. Our philosophy is that everyone who wants to work can work and be able to live in the most independent situation of their choice.

Day Hab helps members improve independence through a variety of fun activities, both on-site and in the community. Our Day Hab services help improve lifetime skills and individual well-being through engaging activities. Eligible participants will receive MassHealth assistance for this fee-based service. Health and medical needs are monitored daily by our Health Care Supervisor.

### Day Habilitation Program

- Self-care, including medical and health, nutrition, hygiene and grooming.
- Sensory motor development, including visual gross and fine motor skills; and eye-hand coordination.
- Communication, including expressive and receptive communication and language.
- Self-direction, including rights and responsibilities, community resources and orientation, and advocacy.
- Activities of daily living, including meal prep from shopping to cooking, independent living, and money management.
- Self-development, including interpersonal and social skills, self-esteem, decision making and judgement skills.
- Self-preservation and safety, including first aid, fire safety, community and home safety, and community resources during emergencies.
- Affective development, including emotional identification, stress management, coping skills, and anger management.

To learn more, please contact Sarah Campbell, Day Hab Program Director, at 508-823-7134, x 41.

# Community Based Day Services/Supported Employment.

The Community Based Day Services program at PRIDE Inc. is designed to promote personal growth and independence in a variety of settings. The program encourages self-determination by encouraging participants to engage in volunteer opportunities, health, fitness and wellness classes, art and music lessons, and even local farmer's markets and vendor fairs. A typical day in CBDS could include an on-site cooking class, a trip to a local career fair or a transportation training riding the city bus with staff support. The person centered model assures that each individual's interests will be touched upon in the structured weekly curriculum.

Some of our current opportunities include:

- Free Swim, Basketball and use of the fitness room at the YMCA
- Volunteering at the Art Association & Food Pantry
- Selling our homemade goods at the Silver City Farmer's Market
- Participation in the United Way's Days of Caring
- An employment partnership with Meals on Wheels
- Participation in the Community Garden
- Art lessons provided by the Taunton Art Association
- Exploring different kinds of music at All About Records
- On and off-site cooking & nutrition classes provided by Cooking Matters

Supported Employment is also a significant component of the Community Based Day Services program. Individual Supports are offered to those who wish to explore and obtain community employment. With the support of PRIDE's Employment Specialists, individuals have the opportunity to have vocational assessments, on-the-job trainings, job placement, and appropriate follow-ups to support continued success in the workplace.

### **Adult Foster Care**

This community-based supportive living program is for adults with disabilities and elderly individuals who cannot live alone safely. It's funded by MassHealth and assists people over the age of 16. Adult Foster Care (AFC) supports people who need assistance because of aging issues, medical conditions, mental illness, developmental and/or physical disabilities.

Members are matched with approved families who provide lodging and personal care services in their home. Individuals who provide in-home care for a family member and are not a guardian or spouse to that individual may be eligible to become an AFC caregiver.

AFC benefits families who need some additional supports such as nursing, social work, respite, and a financial stipend to help keep a family member at home. It also benefits caregivers who open their homes to adult foster care members. These families have a desire to help others, and are willing to take on the responsibility of providing guidance and supervision to AFC members. They gain personal fulfillment from helping others in need, and receive a monthly stipend from MassHealth.

# Home-Based Children's Program

Our new Home-Based Children's Program (HBCP) provides resources and support for families with children living at home who have behavioral or functional issues often due to autism. The goal is to enable children to remain at home. HBCP develops a therapeutic relationship with parents, children and caregivers in order to build positive behavioral changes and higher levels of functioning.

PRIDE's HBCP serves all children who can benefit from Applied Behavior Analysis (ABA) regardless of diagnosis or age (up to 22) who meet the Medical Necessity Criteria set by the state. Services are delivered in the home and designed to address the unique concerns of each child in order to maintain, stabilize, and/or improve current levels of functioning. Every child's individualized program is developed and supervised by a licensed behavior analyst. All ABA treatment workers are trained in behavior analysis and credentialed to provide services through the Massachusetts Behavioral Health Partnership. A behavior analyst supervises ABA treatment workers weekly to help ensure best practices and treatment. Parents or caregivers must be involved in the development and ongoing implementation of all treatment goals and objectives. For more information please contact Marc Mauricio.

# **PCA Management Services**

Education and resources to manage your own PCA program...

The PCA Management Program helps eligible MassHealth members achieve independent living through Personal Care Management Services and Fiscal Intermediary Services.

PCA Management helps obtain and maintain eligibility for PCA services through skills training. Our trainers provide education and resources so you can manage your own PCA program. Skills needed to manage the program include employer-related tasks such as hiring and training of PCAs, and timesheet submission. Participants must fulfill these requirements:

- 1. A physician prescription for PCA services.
- 2. A permanent or chronic disability.
- 3. A need for physical assistance in two or more activities of daily living, such as bathing, dressing) or instrumental activities of daily living skills, such as shopping or laundry.
- 4. An assessment/evaluation by PRIDE staff to determine eligibility.

# **School-to-Work Mission and Goals**

PRIDE works in collaboration with local school systems to help make the transition from school to work a success. We do this by providing students with coordinated school-to-work transition services from high school to job employment programs based in the community. Work skills instruction and community-based vocational training opportunities are included. This training approach develops both life and job readiness skills, and is directly tailored to the interests and abilities of each individual for the best match.

# **Program Services**

We provides students with the opportunity to participate in a variety of PRIDE day programs in order for them to be able to make informed decisions about their future.

# Opportunities include:

- Person-Centered Planning
- Community-Based Vocational Assessment
- Career Exploration
- Job Readiness Groups
- Internships/Mentorships/Volunteer Opportunities
- Paid Job Opportunities
- Job Placement
- Job Coaching
- Transportation Training

# **Program Eligibility**

You or a loved one are eligible for this program if you meet the following requirements:

- Have high school funding source
- · Are at least 18 years old
- Are currently attending school
- Demonstrate interest in gaining employment or participating in skills training
- Demonstrate the ability to benefit from services

Name of Company: Social Security Administration

**Company Address:** 106 Pleasant Street

City: Attleboro State: MA

<u>Telephone Number</u>: (888) 655-6469 <u>Fax Number</u>: (508) 222-5388

**TTY**: 1-508-226-2051

**Contact Person:** Peter Goulas, Manager

**Email:** peter.goulas@ssa.gov

**Social Security Office Hours:** MON: 09:00 AM - 04:00 PM; TUES: 09:00 AM - 04:00 PM; WED: 09:00 AM - 12:00 PM; THUR: 09:00 AM - 04:00 PM; FRI: 09:00 AM - 04:00 PM; SAT & SUN: CLOSED

**Zip**: 02703

We assist individuals in filing for Social Security, Supplemental Security Income and Medicare benefits and we are the primary contact point for dealing with any changes that may affect the delivery of those benefits or the individual's eligibility to continue to receive benefits.

### Visit our website

- Our website, **www.socialsecurity.gov**, is a valuable resource for information about all of Social Security's programs. At our website you also can:
- Apply for retirement, spouse's, disability, and Medicare benefits;
- Appeal a decision;
- Estimate your future benefits;
- Review your Social Security Statement;
- Get the address of your local Social Security office;
- Request a replacement Medicare card;
- Find copies of our publications;
- And so much more!

# Call our toll-free number

In addition to using our website, you can call us **toll-free at 1-800-772-1213**. We treat all calls confidentially. We can answer specific questions from 7 a.m. to 7 p.m., Monday through Friday. Generally, you'll have a shorter wait time if you call during the week after Tuesday. We can provide information by automated phone service 24 hours a day. (You can use our automated response system to tell us a new address or request a replacement Medicare card.) If you are deaf or hard of hearing, you may call our TTY number, 1-800-325-0778.

Name of Company: Talk About Curing Autism (TACA), Massachusetts Chapter

**Company Address:** Council on Aging, 400 Taunton Street (meeting location)

<u>City:</u> Wrentham <u>State:</u> MA <u>Zip:</u> 02093

**Telephone Number:** 

**Contact Person:** Mary Romaniec

Email: Mary.romaniec@tacanow.org

Website: www.tacanow.org

Talk About Curing Autism (TACA) is a national non-profit 501(c)(3) organization dedicated to educating, empowering and supporting families affected by autism. For families who have just received the autism diagnosis, TACA aims to speed up the cycle time from the autism diagnosis to effective treatments. TACA helps to strengthen the autism community by connecting families and the professionals who can help them, allowing them to share stories and information to help improve the quality of life for people with autism.

TACA believes in early diagnosis, intensive therapies and medical intervention for children affected by autism. With early intervention, medical treatment unique to each person's needs and necessary support services for families many children can improve greatly and some can recover from their autistic symptoms. We believe the future is not defined for many children affected by autism. Hope and recovery is possible.

TACA holds monthly meetings in many locations throughout the United States that feature educational speakers on important topics and allow family members to connect with one another and stay on top of the latest information in the autism world.

Each TACA group maintains a resource library of the latest autism books and DVDs/CDs that can be checked out by member's at no charge.