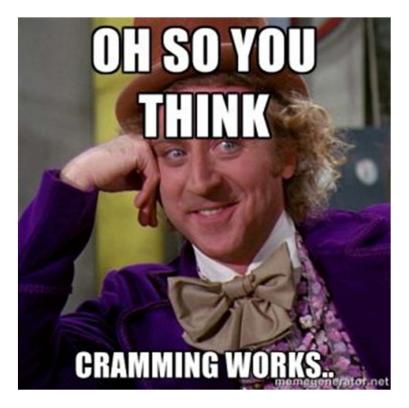
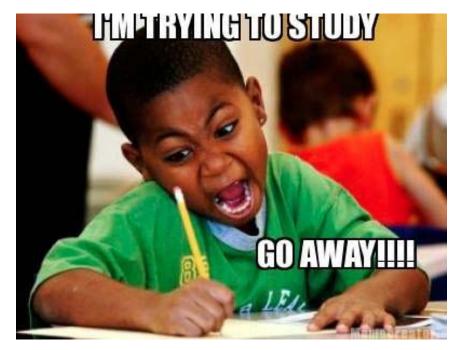


- 1. Don't attempt to cram all your studying into one session.
  - Divide time equally between subjects
  - Don't cram for hours the night before a test



- 2. Plan when you're going to study.
  - Set aside a study area
  - Teenagers typically are more focused when they have an organized study area to do their homework
- 3. Study at the same time.
  - Don't study after 11:00 pm

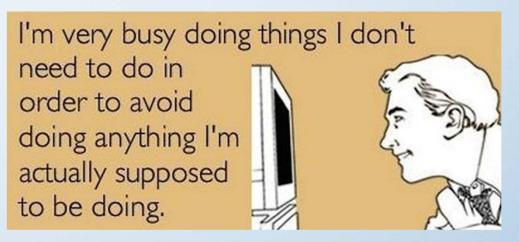


## 4. Each study session should have a specific goal. Examples:

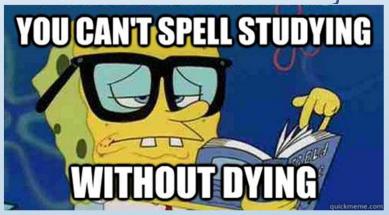
- Understand the stages of meiosis/mitosis
- The significance of the Reign of Terror & French Revolution
- How to solve a Quadratic Equation
- Understanding <u>The Odyssey</u>



- 5. Never procrastinate your planned study session.
  - Stick to it!



6. Start with the most difficult subject first.



## 7. Always review your notes before starting an assignment/studying.



- Read; reread; and highlight your notes
- Summarize; read your notes out loud (this helps with memory)
- Outline or make a graphic version of written work (lists, columns, Venn diagrams, etc.)
- Look over previous tests/quizzes
- Review Study Guides



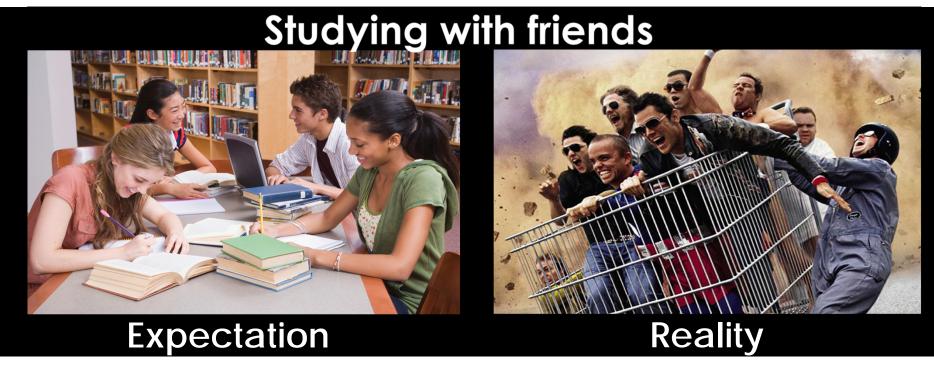
## 8. Make sure you're not distracted while you're studying.





## 9. Use study groups effectively.

Have a study-group. It can improve your retention, and help fill in your learning gaps. In addition, study groups can bring a muchneeded element of fun to the learning/study sessions.



# 10. Review your notes, schoolwork and other class materials over the weekend.

#### Study 10-15 minutes a day



 Get in the habit of studying each day for just a few minutes to help keep the material fresh in your mind.

#### Increase study time a week before exams

• Increase your review time for each class by twenty minutes or more.

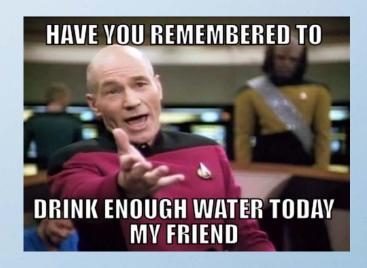
#### Review both orally and in written form

 Reviewing the information in different ways helps your brain retain it better.

## \*Remember to drink enough water

 When preparing for exams or taking tests, students benefit from drinking water. While it sounds trivial, research suggests a well hydrated brain can function at a more optimum level.





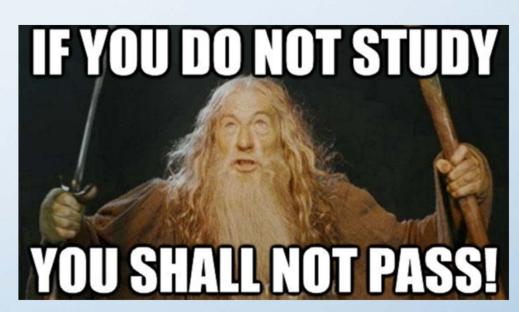
Exams are worth 10% of the overall grade.

Q1: 20%

Q2: 20%

Q3: 20%

Q4: 20%



Midterm: 10%

Final: 10%

#### Mid Term Exam Schedule 1/18 – 1/24

Friday, 1/18 (Full Day) Exams 3 and 4

Tuesday, 1/22 (Half Day) Exams 5 and 6

Wednesday, 1/23 (Half Day) Exams 7 and 1

Thursday, 1/24 (Half Day) Exam 2 and Make-Up

Friday, 1/25 (Professional Day) NO SCHOOL



### Friday – 1/18 Full Day – Day 2

Period 3 Exam (8:30-10:00)

Break (10:00-10:15)

Period 4 Exam (10:15-11:45)

Period 5 Class (11:48-1:07) {Lunch}

Period 6 Class (1:10-1:33)

Period 7 Class (1:37-2:00)



### <u>Tuesday - 1/22</u>

Half Day

Period 5 Exam Break Period 6 Exam (8:30-10:00)

(10:00-10:15)

(10:15-11:45)



## Wednesday - 1/23 Half Day

Period 7 Exam (8:30-10:00)

Break (10:00-10:15)

Period 1 Exam (10:15-11:45)



## Thursday - 1/24 Half Day

Period 2 Exam Break

Make-up

(8:30-10:00)

(10:00-10:15)

(10:15-11:45)



### **Bus Schedules**

#### **Arrival**:

- Buses will do the normal morning pickup Friday-Thursday.
- Students will be here for 7:30.

#### **Dismissal:**

- Friday: 2:00
- Tuesday/Wednesday: 11:45
- Thursday: 10:00
  - Late Bus: 11:45

